

POINTE PILATES TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY	SUNDAY
6am	Reformer Veronique	Power Reformer Natise	Reformer Veronique	Reformer Simone	Reformer Tayla	6.30	Power Reformer Veronique	
7am	Reformer Veronique	Reformer Natise	Stretch & Restore Veronique	Reformer Simone	Reformer Tayla	7.30	Reformer Veronique	Stretch & Restore Veronique
8am	Beginner Reformer Veronique	Reformer Natise	Reformer Veronique	Reformer Simone	Reformer Veronique	8.30	Reformer Veronique	Reformer Veronique
9.15am	Reformer Veronique	Reformer Veronique	Power Reformer Veronique	Beginner Reformer Simone	Reformer Veronique	9.30	Beginner Reformer Veronique	
10.30am	Mums & Bubs Veronique		Mums & Bubs Veronique					
1pm	Reformer Tayla	Reformer Veronique	Reformer Veronique	Reformer Veronique	Reformer Tayla	** For latest session times, please refer to our online timetable** Private classes available outside timetabled classes		
4.30pm	Reformer Tayla	Reformer Simone	Reformer Veronique	Power Reformer Veronique				
5.30	Reformer Tayla	Beginner Reformer Simone		Reformer Veronique				