



POINTE PILATES TIMETABLE

	MONDAY 25 NOV	TUESDAY 26 NOV	WEDNESDAY 27 NOV	THURSDAY 28 NOV	FRIDAY 29 NOV	SATURDAY 30 NOV	SUNDAY 01 DEC		
6am	Reformer Veronique	Reformer Nathalia	Reformer Simone	Reformer Simone	POWER Reformer Nathalia	Reformer Veronique		6.30am	
7am	Reformer Veronique	Reformer Nathalia	Restorative Reformer Simone	Reformer Simone	Reformer Nathalia			Reformer Veronique	7.30am
8am					Reformer Nathalia	Beginner Reformer Veronique	Restorative Reformer Veronique	8.30am	
9.15am - 10am	Reformer Veronique	Beginner Reformer Nathalia	POWER Reformer Michelle	Beginner Reformer Simone					
10.30am	MUMS & BUBS Nathalia					Studio Closed	Studio Closed		
	Private classes available at this time								
1pm	Reformer (45mins) Veronique		Reformer (45mins) Veronique		Reformer (45mins) Nathalia				
	Private classes available at this time								
4.30pm	Reformer Nathalia	Reformer Veronique	Beginner Reformer Natise						
5.30pm	ReformBarre Nathalia	Reformer Veronique	Reformer Natise	Reformer Nathalia					
6.30pm				Reformer Nathalia					

**Please refer to our online Timetable for latest session information